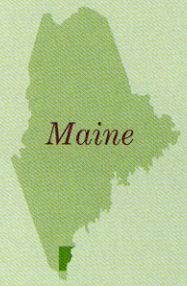
Rachel Carson
National Wildlife Refuge



0 5 miles
0 5 10 kilometers

N

Portland
Portland
South Portland
Scarborough
Cape Elizabeth
Scarborough
Kettle Cove
Crescent Beach
Spurwink River Division
Old Orchard Beach
Prouts Neck
SACO BAY
Saco
Goosefare Brook Division
Ferry Beach
Biddeford
Saco River
Saco
Arundel
Kennebunk R.
Little R.
Biddeford Pool Division
Fortunes Rocks
Little River Division
ATLANTIC OCEAN
Mousam River
Kennebunk
Goose Rocks Beach
Goose Rocks Division
Kennebunk
Branch Brook
Merriland R.
Cape Porpoise
Arundel
Kennebunkport
Mousam River Division
Wells
Upper Wells Division (see inset)
Wells
Lower Wells Division
Wells Beach
Moody Point
Moody Division
Moody Beach
Ogunquit
Ogunquit R.
South Berwick
York
Elliot
York
York R.
Kittery
Kittery Point
ME
NH
Brave Boat Harbor Division
Portsmouth

Upper Wells Division **Carson Trail**